WELCOME TO CAYUGA FORUM
WE HOPE YOU JOIN US!

THE BASICS:
Cayuga Forum is a peer coaching network for entrepreneurial alumni hosted by Entrepreneurship at Cornell that offers monthly small group, facilitated, alumni-to-alumni engagement.

Each member is placed into a group of 8 people (a “Pod”) who form lasting relationships to foster personal and business interests.

Pods meet virtually. Members are typically in the same time zone, but geographically diverse. Session times are set in advance for the year.

Once we scale, we will host Cayuga Forum Networks events!

Membership is only $500 per year!

WHY YOU SHOULD JOIN:
- At its core, the Cayuga Forum program fosters entrepreneurial alumni helping each other achieve their work and life goals through peer coaching networks
- Alumni engaging with alumni to expand a thriving entrepreneurial community
- Build new lasting and meaningful relationships that stimulate personal and professional interests
- Your Pod is a confidential resource that you can rely on unconditionally
- Learn, explore and enrich yourself through new connections and stimulating conversations
- Obtain professional, business, and life growth through consistent peer support
- Relationships for life, sharing for life!
- Build your community! Encourage others! Breakthrough!

HOW TO JOIN:
- Each Cayuga Forum member applies. Here is the link.
- Annual donation amount for a full year of Cayuga Forum participation is $500 (with the year being measured from the date of your Pod’s first session). The donation is paid to Cornell and counts 100% as a Cornell gift. Here is donation link.
- Entrepreneurship at Cornell uses all member gift proceeds to run the Cayuga Forum program and additional Entrepreneurship at Cornell activities.
- Our initial Cayuga Forum program launch will be 10 Pods (80 members), and then we will scale from there to our goal of having 200+ Pods!

ESHI.P.CORNE LL.EDU
**SAMPLE POD MEETING AGENDA:**

- **Open (5 minutes):** Co-leaders review ground rules and purpose
- **Designed Check-ins (15 minutes):** focused on celebrations, challenges, and any asks
- **Curated Breakouts (15 minutes):** designed to build connection, self-awareness, and growth
- **Deep dive (45 minutes):** discussion on topics selected by the Pod
- **Close (10 minutes):** Pod members share key learnings and commitments to action

**SAMPLE POD ANNUAL SCHEDULE:**

- **Month 1:** Orientation session for co-leaders (one group training session for all co-leaders)
- **Month 2:** Each Pod holds Session #1 (run by our dedicated facilitator)
- **Month 3:** Each Pod holds informal coffee chat; and co-leader training session (two trainings, 10 Pod co-leaders per training)
- **Month 4:** Each Pod holds Session #2 (facilitated by Pod co-leaders)
- **Month 5:** Each Pod holds informal coffee chat; and co-leader training session (10 trainings, 2 Pod co-leaders per training)
- **Month 6:** Each Pod holds Session #3 (facilitated by Pod co-leaders)
- **Month 7:** Each Pod holds informal coffee chat
- **Month 8:** Each Pod holds Session #4 (facilitated by Pod co-leaders)
- **Month 9:** Each Pod holds informal coffee chat
- **Month 10:** Each Pod holds Session #5 (facilitated by Pod co-leaders)
- **Month 11:** Each Pod holds informal coffee chat
- **Month 12:** Each Pod holds Session #6 (facilitated by Pod co-leaders)